Customer Centre

2 minutes to register.
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Plan A - Health Insurance

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<tr>
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The 9% provincial sales tax must be added to these premium rates.

Plan B - Life Insurance

<table>
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<th>Family</th>
</tr>
</thead>
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<tr>
<td>Individual</td>
<td>$31.30</td>
<td>$24.92</td>
</tr>
<tr>
<td>Family</td>
<td>$33.60</td>
<td>$43.22</td>
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Plan A – Health Insurance

Health

Eligible prescription drugs* not covered under the BPDIP (direct payment card)
Sedative injection* (7.25 / day)
Travel insurance with assistance* (100%, $5,000,000 / trip; maximum: first 90 days of each trip)
Trip cancellation insurance (100%, $5,000 / trip)

Other expenses:
- Ambulance and air transportation
- Blood glucose monitor* ($40 / 6 months)
- Breast prostheses*
- Breathing assistance apparatus and oxygen*
- Conscientious home* (Accommodation and meals: 560 / day, maximum of 120 days / calendar year)
- Detoxification centre* (Accommodation and meals: 564 / day, maximum of 90 days / calendar year)
- External prosthesis and artificial limbs
- Fees following accidental injury to natural teeth
- Foot orthoses*
- Hearing aids ($750 / 48 months) – New maximum
- Home care*
  - Nursing care for home visits: 548 / day, maximum 30 days / event
  - Home care services: 548 / day, maximum 30 days / event
  - Round-trip transportation: maximum reimbursement of $24 / return trip and 12 trips / event, maximum 30 days / event
- Hospital in Canada (Semi-private hospital room, 100%)
- Insulin pump and accessories*
- Intracranial lenses*
- Medium or full support stockings* (maximum of 3 pairs / calendar year)
- Nursing care* ($240 / day, $5,000 / calendar year)
- Orthopedic devices*
- Orthopedic shoes*
- Ostomy supplies*
- Palliative care and chronic care facilities* (Semi-private hospital room, 100%, lifetime maximum of 180 days)
- Surgical brasillians* ($200 / lifetime)
- Therapeutic devices*
- Transcutaneous electrical nerve stimulator (TENS) (300 / 60 months)
- Transportation and accommodation for consultation with a medical specialist in Quebec* ($1,000 / calendar year)
- Transportation by plane or train of a bedridden insured person*
  - Wheelchair, walker or hospital bed*
  - Wheelchair, walker or hospital bed* (temporary use only)
  - Wheelchair, walker or hospital bed*

Health Plus

Eligible prescription drugs* not covered under the BPDIP (direct payment card)
Sedative injection* (7.25 / day)
Travel insurance with assistance* (100%, $5,000,000 / trip; maximum: 182 days, subject to the eligibility criteria of the RAMQ health insurance plan)
Trip cancellation insurance (100%, $5,000 / trip)

Other expenses:
- Ambulance and air transportation
- Blood glucose monitor* ($40 / 6 months)
- Breast prostheses*
- Breathing assistance apparatus and oxygen*
- Conscientious home* (Accommodation and meals: 560 / day, maximum of 120 days / calendar year)
- Detoxification centre* (Accommodation and meals: 564 / day, maximum of 100 days / calendar year)
- External prosthesis and artificial limbs
- Fees following accidental injury to natural teeth
- Foot orthoses*
- Hearing aids ($750 / 48 months) – New maximum
- Home care*
  - Nursing care for home visits: 548 / day, maximum 30 days / event
  - Home care services: 548 / day, maximum 30 days / event
  - Round-trip transportation: maximum reimbursement of $24 / return trip and 12 trips / event, maximum 30 days / event
- Hospital in Canada (Semi-private hospital room, 100%)
- Insulin pump and accessories*
- Intracranial lenses*
- Medium or full support stockings* (maximum of 3 pairs / calendar year)
- Nursing care* ($240 / day, $5,000 / calendar year)
- Orthopedic devices*
- Orthopedic shoes*
- Ostomy supplies*
- Palliative care and chronic care facilities* (Semi-private hospital room, 100%, lifetime maximum of 180 days)
- Surgical brasillians* ($200 / lifetime)
- Therapeutic devices*
- Transcutaneous electrical nerve stimulator (TENS) (300 / 60 months)
- Transportation and accommodation for consultation with a medical specialist in Quebec* ($1,000 / calendar year)
- Transportation by plane or train of a bedridden insured person*
  - Wheelchair, walker or hospital bed*
  - Wheelchair, walker or hospital bed* (temporary use only)
  - Wheelchair, walker or hospital bed*

* Medical prescription required
* Basic Prescription Drug Insurance Plan
* To be eligible, the insured must also be covered under the health and hospitalization insurance program of a Canadian province.

Plan B – Life Insurance

Participant’s Life Insurance Plan

The participant’s life insurance plan is only accessible if the participant is covered under the health insurance plan (Plan A) or is exempt.

Age upon death

<table>
<thead>
<tr>
<th>Option 1</th>
<th>Option 2</th>
<th>Option 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under age 60</td>
<td>$20,000</td>
<td>$40,000</td>
</tr>
<tr>
<td>Age 60 to 64</td>
<td>$15,000</td>
<td>$30,000</td>
</tr>
<tr>
<td>Age 65 and over</td>
<td>$10,000</td>
<td>$20,000</td>
</tr>
</tbody>
</table>

Accidental death & dismemberment insurance is included with options 1, 2 and 3.

Life Insurance benefits are payable regardless of the cause of death.

Options 2 and 3: These options allow participants to respectively double or triple the amount of coverage offered under Option 1. To be eligible, participants must have, at the time of enrollment, life insurance coverage (under the employees’ group insurance plan) for an amount that is higher or equal to the one offered under this plan; otherwise, the participant can only have access to Option 1.

Spouse’s and Dependent Children’s Life Insurance

This plan is only available to participants who are enrolled in the participant’s life insurance plan.

For a spouse

$5,000

For a dependent child (aged 24 hours or more)

$5,000

* Medical prescription required
* Basic Prescription Drug Insurance Plan
* To be eligible, the insured must also be covered under the health and hospitalization insurance program of a Canadian province.
* Eligible expenses are limited to the reasonable standards of the common practice.
Plan A – Health Insurance

You must choose Health or Health Plus

Eligible prescription drugs* not covered under the BPDIP (direct payment card)
Sclerosing injections* ($26.25 / day)
Travel insurance with assistance* (100%, $5,000,000 / trip, maximum: first 90 days of each trip)
Trip cancellation insurance (100%, $5,000 / trip)

Other expenses:
- Ambulance and air transportation
- Blood glucose monitor* ($240 / 36 months)
- Breast prostheses*
- Breathing assistance apparatus and oxygen* (permanent use only)
- Convalescent home* (Accommodation and meals: $60 / day, maximum: 120 days / calendar year)
- Dentist examination card* (Accommodation and meals: $64 / day, maximum of 30 days / calendar year)
- External prosthetist and artificial limbs
- Fees following accidental injury to natural teeth
- Foot orthoses*
- Hearing aids ($750 / 48 months) – New maximum
- Home care*
  - Nursing care for home visits: $48 / day, maximum 30 days / event
  - Home care services: $48 / day, maximum 30 days / event
  - Round-trip transportation: maximum reimbursement of $24 / return trip and 12 trips / event, maximum 30 days / event
- Hospital in Canada (Semi-private hospital rooms, 100%)
- Insulin pump and accessories*
- Intracocular lenses*
- Medium or full support stockings* (maximum of 3 pairs / calendar year)
- Nursing care* ($240 / day, $5,000 / calendar year)
- Orthotic devices*
- Orthopedic shoes*
- Ostomy supplies*
- Palliative care and chronic care facilities* (Semi-private hospital rooms, 100%)
- Rehabilitation centre, residential centre and long-term care centre (CRSLD)*
  - Semi-private hospital rooms (100%, lifetime maximum of 180 days)
- Surgical brasillians* ($200 / lifetime)
- Therapeutic devices*
- Transcutaneous electrical nerve stimulator ($300 / 60 months)
- Transportation and accommodation for consultation with a medical specialist in Quebec* ($1,000 / calendar year)
- Transportation by plane or train of a bedridden insured person*
- Wheelchair, walker or hospital bed** (temporary use only)
- Wigs** ($300 / lifetime)

* Medical prescription required
1 Basic Prescription Drug Insurance Plan
2 To be eligible, the insured must also be covered under the health and hospitalization insurance program of a Canadian province.
3 Eligible expenses are limited to the reasonable standards of the common practice.

Plan B – Life Insurance

Participant’s Life Insurance Plan

The participant’s life insurance plan is only accessible if the participant is covered under the health insurance plan (Plan A) or is exempt.

Benefits payable in case of death

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Spouse’s and Dependent Child’s Life Insurance

This plan is only available to participants who are enrolled in the participant’s life insurance plan.

For a spouse
- $5,000

For a dependent child (aged 24 hours or more)
- $5,000

In the case of a participant insured under a family coverage status who does not have a spouse (single-parent family), the amount payable upon the death of a dependent child (aged 24 hours or older) is $5,000 plus an amount equal to $5,000 divided by the number of children in the family upon the death of the dependent child.
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Plan B - Life Insurance

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<td></td>
</tr>
<tr>
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<table>
<thead>
<tr>
<th>OPTION 2</th>
<th>Individual</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Individual</td>
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<td></td>
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<td>Family</td>
<td>$41.22</td>
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<tr>
<th>OPTION 3</th>
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</tr>
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<tbody>
<tr>
<td>Individual</td>
<td>$51.90</td>
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Monthly Premium Rate Schedule
Applicable as of January 1, 2020

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Quebec, QC  G1V 4H6
Toll free: 1-888-400-0023
ssq.ca

For more information, please feel free to contact SSQ Customer Service, from 8:00 a.m. to 8:00 p.m., Monday to Friday.

ASSUREQ - Retired members

January 1, 2020

For retirees of the Centrale des syndicats du Québec (CSQ) members of ASSUREQ and AREQ (CSQ)
Plan A - Health Insurance

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